

## Course Syllabus

**Course Title:** Introduction to Psychology, Psych. 101  
Saturdays, 9:30-12:10

Fall 20--

**Instructor:** Barbara Cox, PhD

**Email:** [info@drcoxconsulting.com](mailto:info@drcoxconsulting.com)

**Phone:** 858-627-2400 or 858-531-5310

**Webpage:** <https://-----.blackboard.com/>

*\*Office hours by appointment*

**Course prerequisites:** English 51 and 56, each with a grade of "C" or better or equivalent.

**Textbooks:** Required: Gray, Peter. (2010) Psychology, 6<sup>th</sup> ed. Worth Publishers, Inc. New York, NY.

Suggested: Trahan, Mary. (2010). Focus on Psychology. Study guide to accompany Gray's text.

Welcome!

**Content:** A survey of the principles and concepts that are basic to understanding human thought and behavior. Intends to give the individual some insight into his/her own motives and activities. Transfer credit: CSU; UC transfer limitations (consult an academic counselor).

### Course objectives:

- Identify the major people and historical events important in the field of psychology.
- Describe the anatomy and functions of the major structures of the nervous system (including interrelationships with specific behaviors, e.g., emotions, motivation, memory, abnormal behavior, etc.)
- Describe the basic concepts of respondent and operant learning, and be able to identify the existence and/or application of these principles in everyday life.
- Describe cognitive processing of information, including sensation, perception, learning, memory and problem solving.
- Describe the major procedures used to measure behavior and be able to identify the main components of an experimental design.
- Define abnormal behavior, describe the major ways to categorize behaviors and identify examples of major types and causes of abnormal behavior.

**Attendance Requirements:** The SDCC catalog states 'Any student accumulating unexcused absences which exceed 6% of the total hours may be administratively dropped by the instructor'. Six percent for this class is approximately 3 hours; thus you will be allowed no more than one unexcused absence. Please notify the instructor should you need to miss class for any reason.

**Student responsibilities:** The SDCC catalog states that 'No student may interfere with another student's opportunity to learn'. You will be dropped from the class if you exhibit such interfering behavior as stated in catalog. Additionally, if you fail to demonstrate sufficient academic progress as specified in the written grading and performance standards for the course, you may be dropped. Notification of this failure may be made through grading procedures, conferences or official notification. Also, all homework must be turned in on-time; no late homework will be accepted. Homework description is in separate document.

**Weight of grades:**

Midterm exam	25%
Final exam	25%
Homework	30%
Attendance	10%
Participation	10%

**Accommodation of disability:** Students with disabilities who need academic accommodations should discuss options with the instructor as soon as possible in order to best accommodate your needs.

**Change of syllabus:** If changes need to be made to the syllabus, students will be notified of the changes during a regularly scheduled class. It is the student's responsibility to ensure that they obtain any changes that are made. Instructor reserves the right to change the syllabus as needed.

**Schedule of Lectures, Exams and Assignments**

Week	Topic/Assignment	Readings	Assignments Due
1. 09/07	Introduction, History	Chapter 1	
2. 09/14	Methods, Adaptiveness of behavior	Chapter 2	
3. 09/21	Learning I	Chapters 3 and 4	
4. 09/28	Learning II	Chaper 4 (Cont.)	HW #1 (Field Essay)
5. 10/05	Nervous System	Chapter 5	
6. 10/12	Motivation, Sleep, Emotion	Chapter 6	
7. 10/19	Sensation/Perception, Review of Chapters 1-8, practice quiz	Chapters 7 and 8 (intro only)	HW #2 (Practice Questions)
8. 10/26	<b>Midterm</b> (approx. 1.5 hrs) and misc. review	-	-
9. 11/02	Thought and Language	Chapter 11	
10. 11/09	Social Development I/Review Midterm	Chapter 11 (Cont.)	HW #3 (Mind-body Essay)

11. 11/16	Social Development II	Chapter 12	
12. 11/23	Social Perception & Attitudes/Personality	Chapter 13	
13. 11/30	Holiday	Chapter 13 (Cont.)	-
14. 12/07	Personality (Cont.), Mental Disorders	Chapter 14 (Milgram section only), Chapter 15	
15. 12/14	Mental Disorders (Cont.), Treatments, Review	Chapter 16 and 17	HW #4 (Practice Questions)
16. 12/21	Review Chapters 11-17, <b>Final Exam</b>	-	Happy Holidays!